



Sanctioned by:



*The North Jersey Figure Skating Club, Inc. announces:*

# 5th Annual Ice Vault Basic Skills Competition

**Date:** Sunday, May 6, 2012

**Location:** Ice Vault Arena [www.icevault.com](http://www.icevault.com)  
10 Nevins Drive  
Wayne, NJ 07470  
Phone: 973-628-1500  
Fax: 973-628-1555

**Official Website:** [www.northjerseyfsc.org](http://www.northjerseyfsc.org) ENTER ONLINE!

**Chairperson:** Richard F. Breitweiser, Chairperson, 78 Boulevard, Westwood, NJ 07675  
(201) 358-6581, (201) 696-8046; [rfskate@optonline.net](mailto:rfskate@optonline.net). Please use e-mail.

**General:** All events will be held at Ice Vault Arena, 10 Nevins Dr, Wayne, NJ 07470. The facility has a restaurant and pro shop. **The facility does not allow any food or drink to be brought inside.** Dressing rooms are available.

**Rules:** The competition will be conducted according to the rules for the 2011-12 U.S. Figure Skating Basic Skills rulebook and shall be judged according to the Basic Skill rules.

**Eligibility:** The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club.

Eligibility will be based on skill level as of closing date of entries. All SNOWPLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances.

For the Free skate 1-6, Test Track and Well Balanced levels, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not

determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

**Entries:**

**Electronic Entry:**

1. Secure Online Registration and credit card payment will be available at: [www.northjerseyfsc.org](http://www.northjerseyfsc.org).
2. Skater and Coaches schedules will be posted on the web at: [www.northjerseyfsc.org](http://www.northjerseyfsc.org).
3. Practice ice sessions MAY BE AVAILABLE online after the schedule is posted (Dependent on entries). We will notify entrants of any practice ice availability.
4. Deadline for Entries: Paper entries MUST BE POSTMARKED BY **April 7, 2012** or online entries MUST BE ENTERED BY Midnight **April 7, 2012**.

**Mailed Paper Entry: (\$10 paper entry fee applies)**

Entries must be postmarked no later than **April 7, 2012**. Post office cancellation is required. No metered, hand stamped, certified or registered mail will be accepted. The Local Organizing Committee (LOC) reserves the right to limit entries in each category and the right to combine, divide, or cancel groups. **No changes may be made to a competitor's application once the deadline has passed. Double check your application with your coach.** Read and sign the Waiver that is located on the bottom portion of the application. Applications without the signed waiver will be returned. Late applications will be accepted at the discretion of the competition committee and will require **DOUBLE THE FEES.** **MAKE SURE YOU HAVE MARKED THE CORRECT CATEGORY. YOUR COACH MUST SIGN APPLICATION – it verifies you signed up for correct category.**

**Fees:**

**ENTER ONLINE AT [www.northjerseyfsc.org](http://www.northjerseyfsc.org). If mailing:** include a check or money order payable to the **North Jersey FSC**. Cash payments will not be accepted. There will be a \$35 handling charge for returned checks. **MAKE IT A FULL DAY OF EVENTS; ENTER A PROGRAM WITH MUSIC, COMPULSORIES W/O MUSIC, AND ARTISTIC/SHOWCASE!**

FIRST EVENT	\$65
SECOND EVENT	\$25
THIRD EVENT ( <i>or more</i> )	\$15 EACH
INCORRECT/CHANGE EVENT/LEVEL FEE	\$25

**Send paper entry application and fees to: Rick Breitweiser, Chairperson**  
**78 Boulevard**  
**Westwood, NJ 07675**  
**(201) 358-6581, (201) 696-8046 (cell); rfb skate@optonline.net**

**Refund Policy:** Full refunds, **minus the online processing fee**, are available if withdrawal is prior to April 7, 2012. After April 7, 2012, entry refunds are only available if the competition is not held or there is a death in the competitor's immediate family. There will be NO medical refunds given. Please contact North Jersey FSC for refund information. **If you register online, the processing fee is not refundable for any reason.**

- Registration/Music:** The registration desk will open one hour before the first event. Participants are advised to be present **at least** one hour before their event in case the competition is running early. CDs are required. **Only CDs are allowed. Music on cassette tapes, I-PODS or CDR-W's will NOT be accepted.** Music must be clearly marked with the skater's name, level, and length of program and submitted at least one (1) hour before the start of the skater's event. The North Jersey Figure Skating Club, Inc. assumes no responsibility or liability for damage or loss of CDs. All competitors **must** have a duplicate CD (back-up) with them at the rink.
- Schedules:** Schedules will be available 7-10 days prior to the start of the competition and will **ONLY** be posted on the North Jersey FSC website: [www.northjerseyfsc.org](http://www.northjerseyfsc.org). Please note that the schedule is prepared by the Referee and/or LOC after the close of entries and is based strictly on the number of events and competitors and the availability of judges. No changes to the schedule will be allowed to accommodate personal or family conflicts. **NO SCHEDULES WILL BE MAILED – CHECK THE WEBSITE.**
- Liability:** U.S. Figure Skating, the North Jersey FSC, Inc., and Ice Vault Arena accept no responsibility for injury or damage sustained by any participant in these championships. **SKATE AT YOUR OWN RISK.**
- Limitations:** *We may not be able to accommodate all entries.* If limits must be placed on any event, entries will be based on the postmark date. Anyone closed out of an event will be notified and the applicable portion of the fee returned. Under no other circumstances will a refund be given including conflicting family activities, injuries, illness (USFSA# 3235). **Events with one entry will not be cancelled.**
- Awards:** In all events, medals will be awarded to First, Second, Third. Ribbons for Fourth place winners and beyond.
- Facility:** The ice surface at Ice Vault Arena measures 200' by 85'.
- Practice Ice:** Practice ice may be available and will be announced at a later date.
- Flowers/Gifts:** **You are not permitted to toss flowers or gifts and other objects onto the ice during this competition!**
- Vendors:** We plan to have video and other vendors at the competition. Check the North Jersey FSC website at [www.northjerseyfsc.org](http://www.northjerseyfsc.org) for more information. **Flash photography is NOT allowed during the competition.**

Check the website for schedules and updates: [www.northjerseyfsc.org](http://www.northjerseyfsc.org)

**PLEASE DO NOT CALL ABOUT SCHEDULES**

Competition questions? Email: [rfskate@optonline.net](mailto:rfskate@optonline.net).

Or call (No Schedule Questions):

Rick Breitweiser, Chairperson  
78 Boulevard; Westwood, NJ 07675

(201) 358-6581, (201) 696-8046

*Please save this announcement for your reference.*

# BASIC ELEMENTS EVENT: SNOWPLOW SAM – BASIC 8

Format: Each skater will perform each element when directed by a judge or referee or have the option to perform one element at a time in the order listed below (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on **OR** each skater performs all of the required elements before moving on to the next skater.

- To be skated on 1/3 to 1/2 ice
- No music
- **All elements must be skated in the order listed**
- Time: 1:00 or less

<p><b><u>Snowplow Sam:</u></b></p> <ol style="list-style-type: none"> <li>1. March followed by a two foot glide and dip</li> <li>2. Forward two foot swizzles 2-3 in a row</li> <li>3. Forward snowplow stop</li> <li>4. Backward wiggles 2-6 in a row</li> </ol>	<p><b><u>Basic 5:</u></b></p> <ol style="list-style-type: none"> <li>1. Backward outside edge on a circle clockwise or counterclockwise</li> <li>2. Backward crossovers 4-6 consecutive - both directions</li> <li>3. Basic one foot spin – free leg held to side of spinning leg - minimum three revolutions</li> <li>4. Side toe hop -either direction</li> <li>5. Hockey stop</li> </ol>
<p><b><u>Basic 1</u></b></p> <ol style="list-style-type: none"> <li>1. Forward two foot glide and dip</li> <li>2. Forward two foot swizzles 6-8 in a row</li> <li>3. Forward snowplow stop</li> <li>4. Backward wiggles 6-8 in a row</li> </ol>	<p><b><u>Basic 6:</u></b></p> <ol style="list-style-type: none"> <li>1. Standstill forward inside three-turn - R &amp; L</li> <li>2. Bunny Hop</li> <li>3. Forward spiral on a straight line - R or L</li> <li>4. Lunge - R or L</li> <li>5. T-stop - R or L</li> </ol>
<p><b><u>Basic 2</u></b></p> <ol style="list-style-type: none"> <li>1. Forward one foot glide - either foot</li> <li>2. Forward alternating ½ swizzle pumps, in a straight line – 2-3 each foot</li> <li>3. Moving snowplow stop</li> <li>4. Two foot turn in place- forward to backward</li> <li>5. Backward two foot swizzles 6 - 8 in a row</li> </ol>	<p><b><u>Basic 7:</u></b></p> <ol style="list-style-type: none"> <li>1. Standstill forward inside open Mohawk - R to L and L to R</li> <li>2. Ballet Jump - either direction</li> <li>3. Back crossovers to a back outside edge landing position clockwise and counter clockwise</li> <li>4. Forward inside pivot</li> </ol>
<p><b><u>Basic 3</u></b></p> <ol style="list-style-type: none"> <li>1. Forward stroking</li> <li>2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 4-6 consecutive</li> <li>3. Backward one foot glide - either foot</li> <li>4. Forward slalom</li> <li>5. Two foot spin – minimum three revolutions</li> </ol>	<p><b><u>Basic 8:</u></b></p> <ol style="list-style-type: none"> <li>1. Moving forward outside or forward inside three-turns R &amp; L</li> <li>2. Waltz jump</li> <li>3. Mazurka - either direction</li> <li>4. 1 Combination move - clockwise <u>or</u> counter clockwise – two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge</li> <li>5. Beginning one-foot upright spin – free foot held to side of spinning leg or crossed position -minimum three revolutions</li> </ol>
<p><b><u>Basic 4</u></b></p> <ol style="list-style-type: none"> <li>1. Standstill forward outside three-turn - R &amp; L</li> <li>2. Forward outside edge on a circle clockwise or counter clockwise</li> <li>3. Forward crossovers 4-6 consecutive both directions</li> <li>4. Backward stroking - 4-6 strokes</li> <li>5. Backward snowplow stop - R or L</li> </ol>	

## BASIC PROGRAM EVENT: SNOWPLOW SAM – BASIC 8

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified. Vocal music is allowed.

- To be skated on full ice
- The skater may use elements from a previous level
- A .2 deduction will be taken for each element performed from a higher level

<p><b><u>Snowplow Sam:</u></b></p> <ol style="list-style-type: none"> <li>1. March followed by a two foot glide and dip</li> <li>2. Forward two foot swizzles 2-3-in a row</li> <li>3. Backward wiggles 2-6 in a row</li> <li>4. Forward snowplow stop</li> </ol>	<p><b><u>Basic 5:</u></b></p> <ol style="list-style-type: none"> <li>1. Backward crossovers 4-6 consecutive in both directions</li> <li>2. Basic one-foot spin – free leg held to side of spinning leg - minimum three revolutions</li> <li>3. Side toe hop -either direction</li> <li>4. Hockey stop</li> </ol>
<p><b><u>Basic 1</u></b></p> <ol style="list-style-type: none"> <li>1. Forward two foot glide and dip</li> <li>2. Forward two foot swizzles 6 -8 in a row</li> <li>3. Backward wiggles 6-8 in a row</li> <li>4. Forward snowplow stop</li> </ol>	<p><b><u>Basic 6:</u></b></p> <ol style="list-style-type: none"> <li>1. Standstill forward inside three-turn - R &amp; L</li> <li>2. Bunny Hop</li> <li>3. Forward arabesque spiral on a straight line R or L</li> <li>4. Lunge - R or L</li> <li>5. T-stop - R or L</li> </ol>
<p><b><u>Basic 2</u></b></p> <ol style="list-style-type: none"> <li>1. Forward one foot glide - either foot</li> <li>2. Two foot turn in place- forward to backward</li> <li>3. Backward two foot swizzles 6 - 8 in a row</li> <li>4. Forward alternating ½ swizzle pumps, in a straight line – 2-3 each foot</li> <li>5. Moving snowplow stop</li> </ol>	<p><b><u>Basic 7:</u></b></p> <ol style="list-style-type: none"> <li>1. Standstill forward inside open Mohawk - R to L and L to R</li> <li>2. Ballet Jump- either direction</li> <li>3. Back crossovers to a back outside edge landing position clockwise and counter clockwise</li> <li>4. Forward inside pivot</li> </ol>
<p><b><u>Basic 3</u></b></p> <ol style="list-style-type: none"> <li>1. Forward stroking</li> <li>2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 4-6 consecutive</li> <li>3. Backward one foot glide – either foot</li> <li>4. Forward slalom</li> <li>5. Two foot spin – minimum three revolutions</li> </ol>	<p><b><u>Basic 8:</u></b></p> <ol style="list-style-type: none"> <li>1. Moving forward outside or forward inside three-turns R &amp; L</li> <li>2. Waltz jump</li> <li>3. Mazurka in either direction</li> <li>4. 1 Combination move - clockwise or counter clockwise - two forward crossovers into FI Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge</li> <li>5. Beginning one-foot upright spin - free foot held to side of spinning leg or crossed position -minimum three revolutions</li> </ol>
<p><b><u>Basic 4</u></b></p> <ol style="list-style-type: none"> <li>1. Forward crossovers 4-6 consecutive both directions</li> <li>2. Standstill forward outside three- turn - R &amp; L</li> <li>3. Backward stroking - 4-6 strokes</li> <li>4. Backward snowplow stop - R or L</li> </ol>	

- Time: 1:00 +/- 10 seconds

# FREE SKATE 1-6 COMPULSORY EVENT

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:15 or less

<p><b><u>Free skate 1 Compulsory</u></b></p> <ol style="list-style-type: none"> <li>1. Advanced forward stroking - 4-6 consecutive</li> <li>2. Basic forward outside edges and forward inside consecutive edges - 2-4 outside and 2-4 inside</li> <li>3. One-foot upright scratch spin from backward crossovers-minimum three revolutions</li> <li>4. Waltz jump from backward crossovers</li> <li>5. Half flip jump</li> </ol>	<p><b><u>Free skate 4 Compulsory</u></b></p> <ol style="list-style-type: none"> <li>1. Forward power 3's, 2-3 consecutive sets-R or L</li> <li>2. Sit spin- minimum three revolutions</li> <li>3. Loop jump</li> <li>4. Waltz jump/loop jump</li> </ol>
<p><b><u>Free skate 2 Compulsory</u></b></p> <ol style="list-style-type: none"> <li>1. Forward outside or inside spiral - R or L</li> <li>2. Waltz Three's - R or L, 2-3 sets</li> <li>3. Beginning back spin - entry optional</li> <li>4. Waltz jump, side toe hop, waltz jump series</li> <li>5. Toe loop jump</li> </ol>	<p><b><u>Free skate 5 Compulsory</u></b></p> <ol style="list-style-type: none"> <li>1. Camel spin- minimum three revolutions</li> <li>2. Forward upright spin to back upright spin- minimum three revolutions, each foot</li> <li>3. Loop/loop jump</li> <li>4. Flip jump</li> </ol>
<p><b><u>Free skate 3 Compulsory</u></b></p> <ol style="list-style-type: none"> <li>1. Forward crossovers in a figure 8</li> <li>2. Advanced forward outside swing rolls 4 - 6 consecutive</li> <li>3. Back spin- minimum three revolutions</li> <li>4. Salchow jump</li> <li>5. Waltz jump/toe loop or Salchow/toe loop</li> </ol>	<p><b><u>Free skate 6 Compulsory</u></b></p> <ol style="list-style-type: none"> <li>1. Five step Mohawk sequence - 1 set alternating pattern (refer to Basic Skills Curriculum Free skate 6)</li> <li>2. Camel, sit spin combination - minimum of four revolutions total</li> <li>3. Split jump or stag jump</li> <li>4. Waltz jump, ½ loop, Salchow combination</li> <li>5. Lutz jump</li> </ol>

## *FREE SKATE 1-6 PROGRAM EVENT*

**Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program. Vocal music is allowed.**

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time 1:30+/-10sec

<b>Free skate 1</b>	<b>Free skate 4</b>
1. Advanced forward stroking 4-6 strokes 2. One-foot upright scratch spin from back crossovers- minimum three revolutions 3. Waltz jump from back crossovers 4. Half flip jump	1. Forward power 3's, 2-3 consecutive R or L 2. Sit spin-minimum three revolutions 3. Loop jump 4. Waltz jump/loop jump
<b>Free skate 2</b>	<b>Free skate 5</b>
1. Forward outside spiral R or L 2. Beginning back spin 3. Waltz jump, side toe hop, waltz jump 4. Toe loop	1. Camel spin-minimum three revolutions 2. Forward upright spin to back upright spin- minimum three revolutions each foot 3. Loop/loop combination jump 4. Flip jump
<b>Free skate 3</b>	<b>Free skate 6</b>
1. Forward crossovers in a figure 8 2. Back spin-minimum three revolutions 3. Salchow 4. Waltz jump/Toe loop or Salchow/toe loop	1. Camel/sit spin combination-minimum four revolutions total 2. Split or stag jump 3. Waltz jump/1/2 loop /Salchow combination 4. Lutz jump

## Compulsory Event

### Test Track and Well Balanced Levels

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional

- To be skated on ½ ice
- No music is allowed
- The skater must demonstrate the required elements and may use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:15 or less
- *Skaters may have the option to skate one level higher in compulsories than their free skate program*

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Limited Beginner Compulsory	<ol style="list-style-type: none"> <li>1. Waltz jump</li> <li>2. ½ jump of choice</li> <li>3. Forward two foot or one foot spin, minimum three revolutions (free leg position optional)</li> <li>4. Forward or backward spiral</li> </ol>	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests	Time: 1:15
Beginner Compulsory	<ol style="list-style-type: none"> <li>1. Toe loop jump</li> <li>2. Salchow jump</li> <li>3. Forward scratch spin- minimum three revolutions</li> <li>4. Forward or backward spiral</li> </ol>	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests	Time:1:15
No Test Compulsory	<ol style="list-style-type: none"> <li>1. Loop jump</li> <li>2. Jump combination to include a toe loop (may not use a loop or Axel)</li> <li>3. Solo spin- sit <u>or</u> camel spin - minimum three revolutions</li> <li>4. Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves may be included.</li> </ol>	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skate badge tests, no official U.S. Figure Skating free skate tests passed	Time:1:15
Pre-Preliminary Compulsory	<ol style="list-style-type: none"> <li>1. Flip jump</li> <li>2. Jump combination waltz jump/toe loop jump OR Salchow/toe loop jump</li> <li>3. Solo spin- sit <u>or</u> camel spin - minimum three revolutions</li> <li>4. Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves may be included.</li> </ol>	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test	Time :1:15
Preliminary Compulsory	<ol style="list-style-type: none"> <li>1. Lutz jump</li> <li>2. Single jump combination (may not use Lutz jump or Axel)</li> <li>3. Camel spin- minimum three revolutions</li> <li>4. Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves may be included.</li> </ol>	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test	Time :1:15

## Test Track Program Event

Skaters may enter EITHER the new test track free skate program or the well-balanced track free skate program but **NOT** both during the same nonqualifying competition. Competitors will skate to music of their choice, vocal music permitted. The 6.0 judging system will be used for all Test Track events.

Deductions **WILL** be made for skaters including technical elements not permitted in the event description.

- 0.1 from EACH mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra or lacking element.
- 0.1 for any spin with less than required revolutions.

LEVEL	JUMP ELEMENTS	SPINS	STEPS	QUALIFICATIONS
<b>Limited Beginner</b> Time: 1:30 +/- 10	<i>Max 5 jump elements:</i> Jumps with not more than one-half rotation (front to back or back to front). <i>Max 2 jump sequences</i> <i>Max 2 of any same jump</i>	<i>Max 2 spins:</i> Two upright spins, no change of foot, no flying entry (Min 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
<b>Beginner</b> Time: 1:30 +/- 10	<i>Max 5 jump elements:</i> Jumps with not more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow and toe loop only. <i>Max 2 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 2 spins:</i> Two upright spins, change of foot optional, no flying entry (Min 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating Basic Skills free skating badge tests
<b>Pre-Preliminary Test</b> Time: 1:30 +/- 10	<i>Max 5 jump elements:</i> Jumps with not more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow, toe loop and loop only. <i>Max 2 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 2 spins:</i> Two spins of a different nature, one position only, no change of foot, no flying entry. (Min 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program.	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test
<b>Preliminary Test</b> Time: 1:30 +/- 10	<i>Max 5 jump elements:</i> Jumps with not more than one rotation (no Axels). <i>Max 2 jump combinations or sequences</i> <i>Max 2 of any same type jump</i>	<i>Max 2 spins:</i> One spin in one position, no change of foot, no flying entry (Min 3 revs) and One consisting of a front scratch to back scratch, exit on spinning foot not mandatory (Min 3 revs on each foot).	Connecting moves and steps should be demonstrated throughout the program.	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test

## Well-balanced Program Requirements

(U.S. Figure Skating rulebook requirements)

LEVEL	Jump Elements	Spins	Steps	Qualifications
<b>No Test</b>  <b>Times Vary</b> <b>1:00-1:30</b> <b>+/-10</b> <b>Refer to</b> <b>announcement</b>	Max 5 Single Jumps (no Axel) Max 2 combos or sequences. Combos limited to 2 jumps Number of jumps in sequence is not limited.	Max 2 Spins must be a different nature. Minimum three revolutions each. Spins may change feet, position and start with a fly.	Max 1 Straight line, circular or serpentine Must use one half the ice surface	May <u>not</u> have passed any official U.S. Figure Skating free skate tests.
<b>Pre-preliminary</b>  <b>Time: 1:30 +/- 10</b>	Max 5 Single Jumps (Axel permitted) Max 2 combos or sequences. Combos limited to 2 jumps Number of jumps in sequence is not limited. Axel may be repeated as individual jump, combo, or sequence. Max 2 Axels.	Max 2 Spins must be a different nature. Minimum three revolutions each. Spins may change feet, position and start with a fly.	Max 1 Straight line, circular or serpentine Must use one half the ice surface	Must have passed no higher than U.S. Figure Skating Pre-preliminary free skate test.
<b>Preliminary</b>  <b>Time: 1:30 +/- 10</b>	Max 5 1 Axel or Waltz jump type jump Max 2 combos or sequences. Combos limited to 2 jumps Number of jumps in sequence is not limited. Only 2 different double jumps may be attempted (double Salchow, toe or loop only) Axel and no more than 2 different double jumps may be repeated as individual jumps, combos, or in sequences. Max of 2 Axels or any double jump.	Max 2 Spins must be a different nature. Minimum three revolutions each. Spins may change feet, position and start with a fly.	Max 1 Straight line, circular or serpentine Must use one half the ice surface	Must have passed no higher than U.S. Figure Skating Preliminary free skate test.

## **ADULT EVENTS: Adult 1-4, Pre-Bronze and Bronze**

The skating order of the required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.

- Vocal music is allowed.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time 1:30+/-10sec unless otherwise noted

<p><b>Adult 1</b></p> <p><b>A.</b> Backward swizzles</p> <p><b>B.</b> Forward one-foot glides, one time skater's height: R &amp; L</p> <p><b>C.</b> Two-foot turns</p> <p><b>D.</b> Snowplow stops: R or L</p> <p><b>E.</b> Forward curves on two feet</p>	<p><b>Adult 2</b></p> <p><b>A.</b> Forward stroking</p> <p><b>B.</b> Forward crossovers, clockwise and counter clockwise</p> <p><b>C.</b> Backward one-foot glide: R or L</p> <p><b>D.</b> Forward pivot</p> <p><b>E.</b> Forward Chasses on a circle</p>
<p><b>Adult 3</b></p> <p><b>A.</b> Backward crossovers, clockwise and counter clockwise</p> <p><b>B.</b> Inside Mohawk, either direction</p> <p><b>C.</b> Backward snowplow stops: R and L</p> <p><b>D.</b> Forward progressives</p> <p><b>E.</b> Beginning two-foot spin</p>	<p><b>Adult 4</b></p> <p><b>A.</b> Forward three turns, outside or inside: R &amp; L</p> <p><b>B.</b> Alternate backward crossovers with two-foot transition</p> <p><b>C.</b> Footwork sequence: 3-5 forward crossovers to an inside Mohawk; 3-5 backward crossovers; step forward inside the circle</p> <p><b>D.</b> Power three turns: one direction only</p> <p><b>E.</b> Backward Chasses on a circle</p>
<p><b>Adult Pre-Bronze:</b> Must have passed no higher than adult pre-bronze free skate test or pre-pre free skate test. Time: 1:40 max Refer to the current U.S. Figure Skating Rulebook #3806 for specific requirements</p>	<p><b>Adult Bronze:</b> Must have passed no higher than adult bronze free skate test or the preliminary free skate test. Time: 1:50 max Refer to the current U.S. Figure Skating Rulebook #3801 for specific requirements</p>

## ARTISTIC/SHOWCASE EVENTS

Artistic/Showcase events are open to skaters in Basic, Free Skate, Limited Beginner through Preliminary and Adult Bronze. Groups will be divided by number of entries and ages if possible. Skaters must enter at the same level as their free skate event or highest test level of skater's in the group ensemble or production number. If a free skate event is not being entered, skaters must enter at their current test level or one level higher. Vocal music is permitted. Skaters will be judged on musical interpretation and feeling, expression, and how the skating relates to the music. Show costumes are permitted, as long as they do not touch or drag on the ice. Only hand held props are allowed. Props must remain in the skater's hand(s) at all times. 6.0 Judging will be used. Deductions will be made for skaters including technical elements not permitted in the event description.

Categories may include:

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Basic 1-8	Elements only from Basic 1-8 curriculum	May not have passed any higher than Basic 8 level.	Time 1:00
Free skate 1-6/ Limited Beginner/ Beginner/ Adult 1-4	3 jump maximum. ½ rotation jumps only, plus the following full rotation jumps: Salchow and toe loop.	May not have passed any official U.S. Figure Skating free skate tests.	Time: 1:30
No Test/ Pre- preliminary/ Adult Pre- Bronze	3 jump maximum. No axels or double jumps permitted.	Must have passed no higher than U.S. Figure Skating Pre-Preliminary or Adult pre-Bronze free skate test.	Time: 1:30
Preliminary/ Adult Bronze	3 jump maximum. Axels are permitted, but no double jumps allowed.	Must have passed no higher than U.S. Figure Skating Preliminary free skate or Adult Bronze test.	Time: 1:40

# **REGISTER ONLINE FOR THE 5th ANNUAL ICE VAULT BASIC SKILLS COMPETITION !!!!**

**Payment via a secured credit card  
transaction**  
(processing fee applies)

**[www.northjerseyfsc.org](http://www.northjerseyfsc.org)**

**Simply follow the links for competition  
information and then follow the link for  
competition registration and pay with  
a credit card (VISA, MASTERCARD,  
and DISCOVER only)**

**Paper entry forms are also available online at [www.northjerseyfsc.org](http://www.northjerseyfsc.org)**

**5<sup>TH</sup> Annual Ice Vault Basic Skills Competition**  
**PAPER ENTRY (READ FULL APPLICATION FOR ELIGIBILITY RULES)**  
**Competition May 6, 2012; Application Must be Postmarked by April 7, 2012**



NAME \_\_\_\_\_ USFSA#: \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_ **E-mail (Mandatory):** \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_

PHONE NUMBER \_\_\_\_\_ COUNTY \_\_\_\_\_

DATE OF BIRTH \_\_\_\_\_ AGE \_\_\_\_\_ SEX \_\_\_\_\_ HOME CLUB \_\_\_\_\_

HIGHEST USFSA PASSED (AS OF Mar 11, 2011) Basic \_\_\_\_\_ Freeskate \_\_\_\_\_ USFSA Standard \_\_\_\_\_

EMERGENCY CONTACT \_\_\_\_\_ PHONE \_\_\_\_\_

SPECIAL MEDICAL NEEDS \_\_\_\_\_ COACH NAME AND E-MAIL: \_\_\_\_\_

-----**CIRCLE YOUR EVENT REGISTRATION**-----

**PLEASE CIRCLE EVENTS YOU ARE COMPETING IN; ENTRIES DUE 4/7/2012**

Basic Skills Program 1-8 with music	Basic Freeskate Program with music	Test Track Freeskate Program with music	Compulsory Event Basic  Skills Sam – Basic 8 No music	Compulsory Event Freeskate 1-6 <u>No</u> music	Compulsory Event Test Track and well Balanced Levels <u>No</u> Music	Adult Levels Program with Music	Artistic/Showcase with music
Snowplow Sam -tots	Freeskate 1	Limited Beginner	Snowplow Sam -tots	Compulsory  FS 1	Limited Beginner	Adult 1	Basic 1-8
Basic 1	Freeskate 2	Beginner	Basic 1	Compulsory  FS 2	Beginner Compulsory	Adult 2	Freeskate 1-6/ Limited Beginner/Beginner/Adult 1-4
Basic 2	Freeskate 3	Pre-Preliminary Test	Basic 2	Compulsory  FS 3	No-Test Compulsory	Adult 3	NoTest/Pre-preliminary/Adult Pre-Bronze
Basic 3	Freeskate 4	Preliminary Test	Basic 3	Compulsory  FS 4	Pre-Preliminary Compulsory	Adult 4	Preliminary/Adult Bronze
Basic 4	Freeskate 5	<b><u>Well Balanced Program Freeskate</u></b>	Basic 4	Compulsory  FS 5	Preliminary Compulsory	Adult Pre-Bronze	
Basic 5	Freeskate 6	No-Test	Basic 5	Compulsory  FS 6		Adult Bronze	
Basic 6		Pre-Preliminary	Basic 6				
Basic 7		Preliminary	Basic 7				
Basic 8			Basic 8				

**NOTE: THIS IS A 2 PAGE APPLICATION  
 BOTH PAGES MUST BE COMPLETED AND MAILED ALONG WITH PAYMENT**

-----PAYMENT INFORMATION FOR MAILED ENTRIES-----

Make Check or Money Order Payable to:  
North Jersey FSC

Entry Fee Enclosed \$ \_\_\_\_\_  
(Include \$10.00 paper entry fee)

\*\*\* NO REFUNDS OR CREDIT PER APPLICATION \*\*\*

FIRST EVENT: \$65, SECOND EVENT: \$25; THIRD (and more) EVENT(s): \$15 each, \$10 paper entry fee  
\$25.00 fee for change level or event (Enter the correct category and event)

**Mail to:** Rick Breitweiser, Chairperson 78 Boulevard Westwood, NJ 07675  
(201) 358-6581; (201) 696-8046 (Cell); [rfskate@optonline.net](mailto:rfskate@optonline.net)

-----CERTIFICATE OF ELIGIBILITY-----

I hereby approve the entry of this skater and certify that to the best of my knowledge he or she is a member in good standing of US Skating, is eligible to enter the specified event(s) and is an amateur in accordance with the rules of the USFSA.

Coach Signature /Date \_\_\_\_\_

Signature of Club Officer (include Title) or Test Chairperson \_\_\_\_\_

Skating Club Name \_\_\_\_\_ Date \_\_\_\_\_

-----WAIVER AND RELEASE OF LIABILITY-----

In consideration of being allowed to participate in the North Jersey Spring Basic Skills Competition and related events and activities, the undersigned:

1. Agrees that prior to participating, or in the case of a minor participant, the parent(s) or legal guardian(s) will instruct the minor or participant that prior to participating, he/she should inspect the facilities and equipment to be used, and if the participant believes anything to be unsafe, he/she should immediately inform his/her coach or parent(s) of such condition(s) and refuse to participate
2. Acknowledge and fully understand that each participant will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses, which result not only from their actions, inaction's or negligence, but the actions, inaction's negligence of others, the rule of play, or the conditions of the premises or of any equipment, used. Further, that there may be risk not known to us or reasonably foreseeable at this time.
3. Assume the foregoing risks and accept personal responsibility for the damages following such injury, permanent disability or death.
4. Release, waive, discharge and covenant not to sue the North Jersey, FSC, Inc., Ice Vault Arena and their respective administrators, directors, agents, coaches, and other employees of the organization, other participants, sponsoring agencies, sponsors, advertisers, and all applicable, owners, and leasers of premises used to conduct the event, all of which are hereinafter referred to a "releasees" from demands, losses or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releasees or otherwise.

\_\_\_\_\_  
Print Participant Name

\_\_\_\_\_  
Participant Signature (Parent/Guardian if under 18)

\_\_\_\_\_  
Date

**SCHEDULES POSTED 7-10 DAYS BEFORE COMPETITION AT [WWW.NORTHJERSEYFSC.ORG](http://WWW.NORTHJERSEYFSC.ORG)**

**BEFORE SUBMITTING: READ FULL APPLICATION ON ELIGIBILITY, REQUIREMENT;  
CHECK CATEGORIES WITH YOUR COACH**

**NOTE: THIS IS A 2 PAGE APPLICATION  
BOTH PAGES MUST BE COMPLETED AND MAILED ALONG WITH PAYMENT**